

# DELRAY VILLAS REC. NEWS

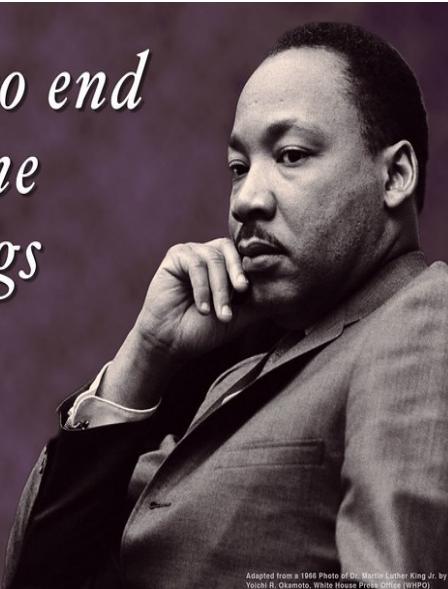
13773 Circular Drive, Delray Beach, FL 33484

JANUARY 2026 VOL. 17 NO. 1



*Our lives begin to end  
the day we become  
silent about things  
that matter.*

*Martin Luther King, Jr.*



Adapted from a 1968 Photo of Dr. Martin Luther King Jr. by Yoichi R. Okamoto, White House Press Office (WHPO)

## REC. BOARD MEETING

JANUARY 6, 2026

7 PM IN A BUILDING



# January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1) Happy New Year	2) 9a-11:30a Painting	3) 10a-11a Yoga 10a-12p Ticket Office
4) 10:30a Aqua Zumba Plat 2 pool (weather permitting) FREE	5) 1p Book Club in Arts & Craft rm 6-8p Ticket Office	6) 9:30a-11:30a Bocci 1p Planning Meeting 7P DVR	7) 8:30a COPS	8) 9:30a-11:30a Bocci 10a-12p/6-8p Ticket Office 6:45p Men's Billiards 7p Plat 2 Board Mtg VR	9) 9a-11:30a Painting 10A-12P Ladies Billiards 1p Learn Mahjong	10) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR 7p Musical Bingo
11) 10:30a Aqua Zumba Plat 2 pool (weather permitting) FREE	12) 6-8p Ticket Office	13) 9:30a-11:30a Bocci 1p Planning Meeting 7p Plat 3 Board Mtg VR	14) 9-10a Free Zumba A 1p Trip to Candy Factory 7p Veteran's Meeting 7p Plat 1 Board Mtg VR	15) 9:30a-11:30a Bocci 10a-12p/ 6-8p Ticket Office 1p Chair Tap Lessons FREE VR 6:45p Men's Billiards	16) 9a-11:30a Painting 10A-12P Ladies Billiards 1p Learn Mahjong	17) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR
18) 10:30a Aqua Zumba Plat 2 pool (weather permitting) FREE	19) 6-8p Ticket Office	20) 9:30a-11:30a Bocci 1p Planning Meeting	21) 9a-10a Free Zumba A	22) 9:30a-11:30a Bocci 10a-12p/6-8p Ticket Office 6:45p Men's Billiards	23) 9a-11:30a Painting 10A-12P Ladies Billiards 1p Learn Mahjong	24) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR
25) 10:30a Aqua Zumba Plat 2 pool (weather permitting) FREE	26) 6-8p Ticket Office	27) 7:30a Trip to Sugarland 9:30a-11:30a Bocci 1p Planning Meeting	28)	29) 9:30a-11:30a Bocci 10a-12p/6-8p Ticket Office 1p Chair Tapping FREE 6:45p Men's Billiards	30) 9a-11:30a Painting 10A-12P Ladies Billiards 1p Learn Mahjong	31) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR

Message from Rec. Board of Directors to all our homeowners,

As we say goodbye to 2025 and welcome 2026, we welcome and look forward to harmony, peace, and togetherness for our community.

**When we look back on 2025, and ask as a community what have we learned?**

- We believe we learned that we are a strong community who cares. We are a community where we can have a voice, we can express our opinions and still be respectful of each other.
- We have met and talked with homeowners that we would never have met, if not for the Special Assessment. New friendships have formed; some friendships were lost but through it all we came together.
- We say good-bye to 2025; we are thankful for every one of you. We feel the pain and sorrow of the homeowners we have lost this year but will always remember them in our conversations.

**When we look forward to 2026, what does this Rec Board see:**

- We see new board members who bring new perspectives and we welcome them and their voices.
- We see the projects at the Rec Center moving forward and completed.
- We see a community continue to grow closer and the Recreation Center get busier each day.
- We look forward to your innovative ideas for activities at the rec center and implementing them.
- We see the strength of Delray Villas community, and we are proud to serve your needs.
- We know the community of Delray Villas, appreciate, and understand all of us even though we will not always give you the answer you want but you know we care.
- We see the strength, pride, and respect in each and everyone of us who decided to call Delray Villas home.
- We see Delray Villas family/friends shine always!

**Let us all welcome 2026 with warmth, open arms, big hearts, respect and most of all love and joy.**

**We look forward to seeing you at the Delray Villas Recreation Center!**



SHED IN POOL AREA

**Security:**

Is important. Please use your FOB when entering Rec Center buildings, pool, and activity center. We ask you NOT to let anyone without a fob to enter.

Some may have lost their privileges/don't live in the community.

***The address FOR OUR WEBSITE IS***

***Delrayvillasrec.com***

Pool and Gym now open till 9p. Please be respectful of noise level after 8p. THANKS DVRA

If you are in need of a key for bocce/shuffleboard sheds, please call Patti Lazaroff @561-498-8691. \$30 each



If you are in need a fob for the Recreation Center Call Judy Clemon (Plat 1, 2, 3 & 4/5) 561-496-0861



**JOIN THE BAGEL JOURNEY!**

**Tuesdays, 9:00am – 11:00am • Viking Room, Building "B"**

**•Starting in June...**  
**•Bagel Baking Classes with Charles Sanfilippo!**

- Learn the History of Bagels: A brief context of how bagels evolved.
- Basics of Bagel Baking: Discover techniques and tips from Charles himself!
- Hands-On Experience: Make your own bagels during the class.

**To Register For This Class**  
**Reply to Charles at: [csanfilipp46@gmail.com](mailto:csanfilipp46@gmail.com)**

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TOTAL BODY FITNESS ROSA



## FITNESS IN THE COMMUNITY

Please Register In The "B" Building Ticket Office  
 Thursday & Saturday 10am to Noon  
 Any Questions Call:  
 Alan Rossman 561-901-3002 • Tom Clark 347-728-4037

## Delray Villas Recreation Presents **FREE ZUMBA CLASSES!**

Get ready to **Move, Groove, and Feel Great!**  
 Join us for an energizing workout that includes...  
**Standing and Chair Zumba**, perfect for all fitness levels.  
**Stay Active, Have Fun, And Boost Your Health** 

 **All For Free!** 

**Come Ready To Dance And Make Wellness A Blast!**

**For More Info Call IRIS SCHNELL 321-399-1692**

**Classes are 9 to 10am in the "A" Building  
 Twice a month on 2<sup>nd</sup> and 3<sup>rd</sup> Wednesday**

**December 10 and 17  
 January 14 and 21  
 February 11 and 18**

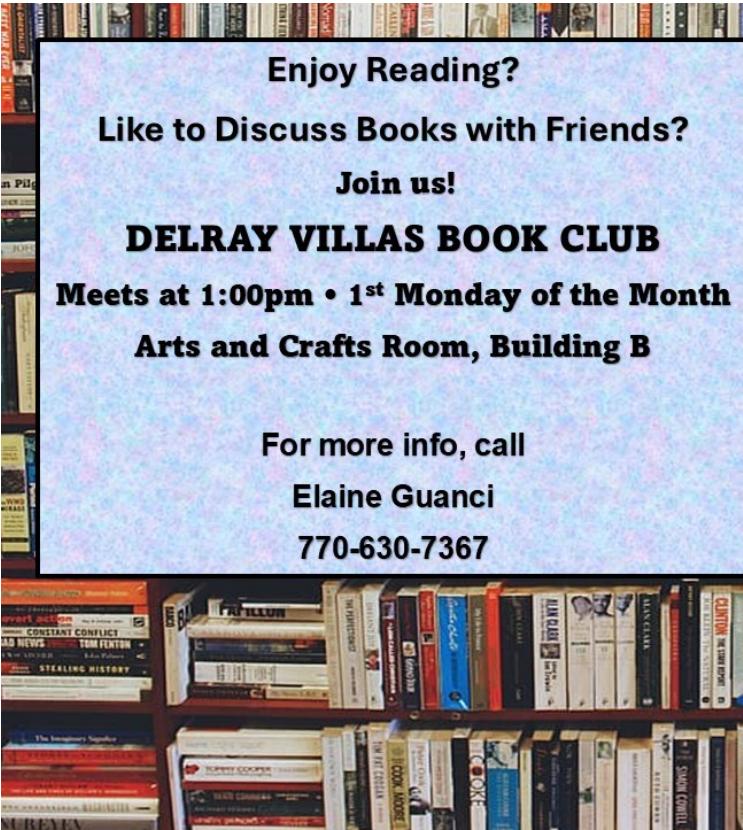


# WHO WANTS TO PLAY BOCCE?

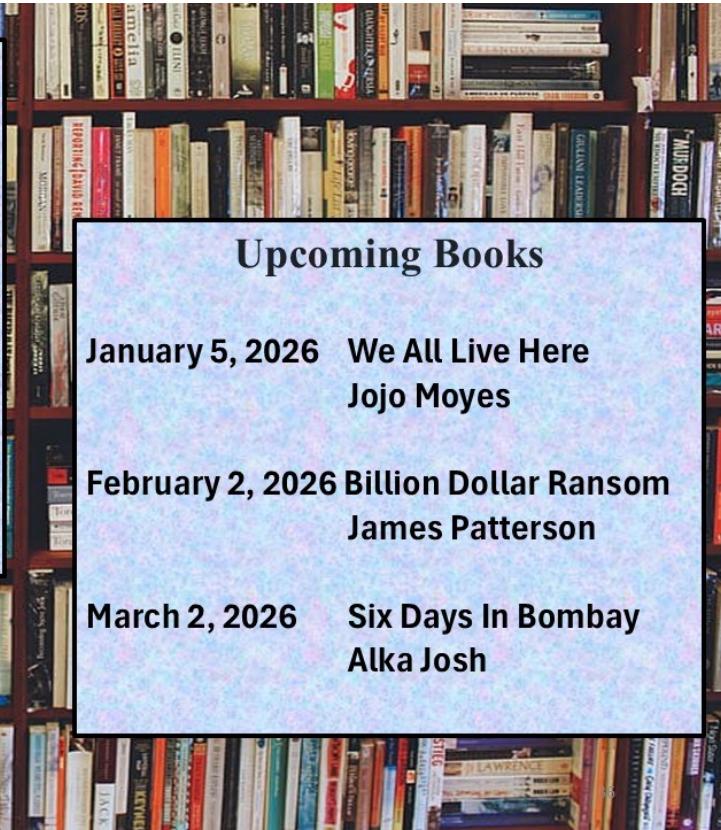


**WE ARE LOOKING FOR PLAYERS!**  
**Call Marlene Mirsky • 917-673-7830**  
**Or Paul Mirsky • 917-684-9115**





**Enjoy Reading?**  
**Like to Discuss Books with Friends?**  
**Join us!**  
**DELRAY VILLAS BOOK CLUB**  
**Meets at 1:00pm • 1<sup>st</sup> Monday of the Month**  
**Arts and Crafts Room, Building B**  
  
**For more info, call**  
**Elaine Guanci**  
**770-630-7367**



**Upcoming Books**

<b>January 5, 2026</b>	<b>We All Live Here</b>
	<b>Jojo Moyes</b>
<b>February 2, 2026</b>	<b>Billion Dollar Ransom</b>
	<b>James Patterson</b>
<b>March 2, 2026</b>	<b>Six Days In Bombay</b>
	<b>Alka Joshi</b>



## ⑧ Ladies, Rack 'Em Up! WOMEN'S BILLIARDS



Join us every **FRIDAY** from 10:00am to Noon for friendly competition, laughter, and cue-side camaraderie!

*Experienced Players - Just bring your game face and good vibes!*



### WE ARE LOOKING FOR PLAYERS!

Call For More Information

Joann Albertson • 516-242-7252



IF YOU WANT SOME LESSONS OR HELP TO PLAY BETTER, PLEASE CONTACT SAM FLEISHMAN 410-493-7842 OR JOHN ELDER 646-584-2300



## RICH KRIZ COED DELRAY VILLAS BILLIARDS 9 BALL LEAGUE



WINTER  
SCHEDULE  
Beginning  
December 4<sup>th</sup>

**Thursday Evening 6:45 - 9pm • 9 BALL**  
**Carl Malysz phone 502.939.3577**  
**Sam Fleishman • 410-493-7842**

*Please don't attend if you are sick. Sanitary wipes available in dispenser*





**CANDY TOURS**

Experience *the History of Candy*

**START THE YEAR OFF SWEET!**

**STEP INTO THE SWEET STORY OF CANDY!**

Join our 40-minute guided tour through one of the most unique candy stores around. Discover the fascinating history of candy with live narration and video, explore towering, candy-covered rooms, and see how your favorite treats are made. Your adventure ends in our shop, where you'll enjoy free samples and exclusive discounts on candy, fudge, chocolate delights, and over 50 flavors of gourmet popcorn!

**CANDY FACTORY TOUR • JANUARY 14, 2026**  
**TOUR STARTS AT 1:00pm in WEST PALM BEACH**  
**CARPOOL WITH A FRIEND! AFTER TOUR PURCHASE**  
**WHAT YOU'D LIKE... FREE SAMPLES ONLY \$12.95pp**

Please Register In The "B" Building Ticket Office • Thursday & Saturday 10am to Noon  
Any Questions Call; Alan Rossman • 561-901-3002

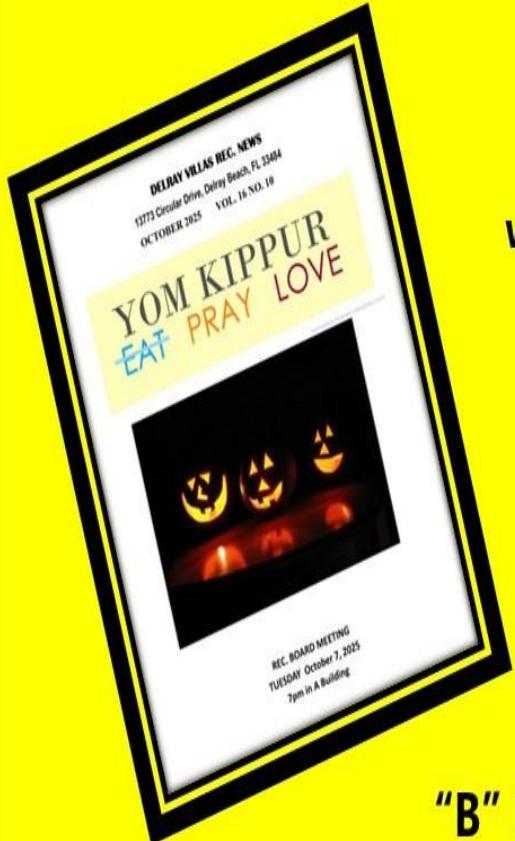
**DELRAY VILLAS RECREATION ASSOCIATION  
PRESENTS BUS TRIP TO SUGARLAND  
SEE HOW SUGAR IS GROWN AND PROCESSED  
ONLY \$18pp INCLUDES LUNCH AND GIFTS  
TUESDAY, JANUARY 27<sup>th</sup>  
BUS LEAVES AT 7:30am FROM CLUBHOUSE**

Take A Trip Back In Time To South Central Florida And See How Sugar Canes Are Grown And Processed Into Sugar Crystals As We Know It!  
This Bus Trip Includes A Nice Lunch And Gifts From The Sugar Company. Bus Driver's Gratuities Included!

Purchase Tickets In The "B" Building Ticket Office Thursday and Saturday Mornings 10am to Noon  
Any Questions Call;  
Shelley Miller 302-593-4261 or Alan Rossman 561-901-3002



# REC NEWS UPDATE



The Delray Villas Recreation Newsletter

will now be published exclusively on our website:



[www.delrayvillasrec.com](http://www.delrayvillasrec.com)

## No Internet? No Problem!

Hard copies will be available in the "B" Building lobby for those without web access.

For More Information Contact: Patti Lazaroff 561-498-8691



## TICKETS

**In order to accommodate more of our residents, we have expanded our ticket office hours**

### **New... Ticket Office Has Expanded Hours:**

- Monday & Thursday: 6:00 PM – 8:00 PM**
- Thursday & Saturday: 10:00 AM – Noon**



Any Questions Call:

Alan Rossman 561-901-3002 • Tom Clark 347-728-4037



## MEMBERS WANTED FOR OUR NEW VETERAN'S CLUB!

CONTACT: Don Daugherty 561-703-5975  
Mike Jacobson 904-534-2977 • Pat Melito 631-332-6805  
ALL MEETINGS ARE THE 2<sup>ND</sup> WEDNESDAY EA MONTH @ 7pm  
MEETINGS WILL BE IN THE "A" BUILDING  
COFFEE SUPPLIED BY RECREATION ASSOCIATION



## ALL VETERANS ARE WELCOME!

MEETINGS ARE HELD THE 2<sup>ND</sup> WEDNESDAY @ 7pm EACH MONTH AT...  
DELRAY VILLAS RECREATION BUILDING "A"

13773 CIRCULAR DIVE • DELRAY BEACH FL 33484

**Come on in for Coffee and Conversation**

NEXT MEETINGS ARE: • DECEMBER 10<sup>th</sup> • JANUARY 14<sup>th</sup> • FEBRUARY 11<sup>th</sup> • MARCH 11<sup>th</sup> •



Ronald Radner, AAMS™  
Financial Advisor

## Financial Decisions Seminar

Come to the "B" Building Viking Room  
On Thursday, February 19<sup>th</sup> at 12:30  
For a FREE LUNCH and Learn about  
Making Your Financial Decisions

**Our Guest Speaker is  
Ronald Radner from Raymond James Co.**

Ron believes earning his clients' trust is a privilege. He prides himself on fostering open and consistent communication by using a proactive approach. Ron ensures that his clients' individual needs are understood and addressed with personalized solutions. He has worked with hundreds of families in the South Palm Beach County area for over eleven years, cultivating personal, long-term relationships. Ron provides his clients with a common sense, independent, and objective approach to investing.

To Register and  
For More Information Contact:  
Lynne Cohen • 201-314-6537

# GENTLE YOGA CLASSES

CLASSES ARE SATURDAY MORNINGS  
10am TO 11am (\$8 PER SESSION)  
IN "B" BUILDING VIKING ROOM

BRING YOUR YOGA MAT  
AND BE READY TO BEGIN

Gentle yoga distinguishes itself from other yoga styles  
through its slow pace, simplicity, and accessibility.

Here's how it compares to some other popular yoga types:

1. Slower Movements
2. Lower Intensity
3. Adaptability
4. Focus on Relaxation
5. Fewer Transitions

FOR MORE INFO CALL FRAN RUBENSTEIN • 201-739-2223



## COME ON IN FOR CHAIR YOGA!



STARTING JANUARY 10<sup>th</sup>  
SATURDAY MORNINGS FROM 11:15 TO 12:15  
IN THE "B" BUILDING VIKING ROOM  
ONLY \$8 PER SESSION

Chair yoga offers a wealth of benefits, making it an excellent choice for individuals of all ages and fitness levels.

Some key advantages include:

1. Improved Flexibility
2. Better Balance
3. Stress Reduction
4. Enhanced Circulation
5. Pain Relief
6. Accessibility
7. Mental Clarity



**PAINTING CLASSES  
FRIDAY MORNINGS  
9 - 11:30am  
ARTS and CRAFTS ROOM  
FOR DETAILS CALL  
CAROLYN GARTER  
561-498-3093**

JOIN FERNANDO SECONDINO TO **PLAY 31**

STARTING FRI, JANUARY 9TH 6P-9P IN THE CARD  
ROOM



**DELRAY VILLAS REC ASSOC  
GOES TO  
THE BIG EASY CASINO  
WEDNESDAY, JANUARY 21<sup>st</sup>  
\$25 pp**

**Leave clubhouse 9:15 • Return approx. 4:15  
Get 10 points and receive \$30  
Bus will have a ramp for easy access**



**Sign Up In The "B" Building Ticket Office  
Thursday and Saturday • 10am to Noon**

**Any Questions Call:**

**Joann Albertson 516-242-7252 • Shelley Miller 302-593-4261  
Alan Rossman 561-901-3002 • Tom Clark 347-728-4037**



# Delray Villas Recreation Presents: "Memory Lane"

## A Reunion of Past Community Shows – All Plats Welcome!

🎭 **We're dusting off the old jokes and bringing back the laughs!**

If you've ever wanted to lip-sync like a rock star...

or just clap off-beat with confidence, this is YOUR moment!

📞 Call the Dream Team:

**Lynne Cohen • 201-314-6537 • Ronni Townsend • 732-501-1029**

📅 **Next Planning Meeting: Every Tuesday • 1:00 PM • Viking Room**

📅 **Tentative Show Date: April 25, 2026 • 7:00 PM**

⭐ **No talent? No problem!**

We supply the music; you supply the enthusiasm.



Lip-syncing encouraged. Standing ovations guaranteed (even if you trip on stage).

📢 **Tell your friends, neighbors, and anyone who owes you a favor!**

*Let's make this the funniest reunion since your last family Zoom call!*

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Looking for Something Different  
on a Saturday Night?

Join us for a **FUN NIGHT** of

# MUSIC BINGO



**Saturday, January 10th**



**7:00 PM – 9:00 PM**



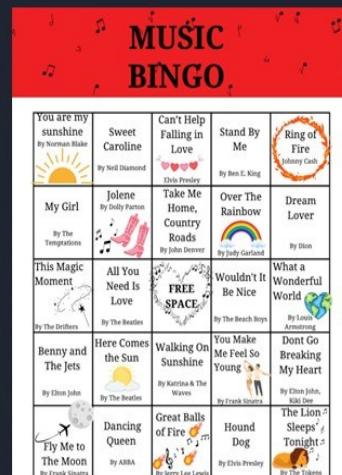
**"A" Building**



**6 game cards for just \$10**

Bring your friends, enjoy great music, and test your bingo skills!

Coffee and Dessert



# 🎭 Tap Dancing in a Chair

## *Fun for Everyone!*

📅 Start Date: January 15

🕒 Time: 1:00 PM

📍 Location: "B" Building – Viking Room

**Instructor: Glenda Leone**

(Former Radio City Rockette)

- Low-impact, perfect for all fitnesss levels
- Enjoy music and movement
- No prior dance experience needed



**Reserve Your Spot Today!**  
Sign up in the Ticket Office

### **Holly Faris: Celebrity Impersonator**

#### **Have Wig... Will Gig**

Join Delray Villas Recreation for a fantastic  
entertainment evening

**from 8 pm-9:30 pm. Feb 21, 2026**

Holly is an unbelievable entertainer that looks and  
imitates other singers in full costume!!

**A night to be remembered!! Only \$15 pp**

Dessert, Coffee and Water BYOB and Food

#### **Holly Faris: A One-Woman Show Like No Other!**

From Joan Rivers to Dolly Parton, Holly's spot-on  
celebrity impersonations and sharp comedy  
have wowed audiences nationwide. Her mix of  
humor, heart, and nostalgia delivers  
unforgettable entertainment that sets her apart.



Please Register In The "B" Building Ticket Office

Thursday & Saturday 10am to Noon

Any Questions Call;

Alan Rossman 561-901-3002 • Tom Clark 347-728-4037

TRAIN SMART...MOVE BETTER...GET RESULTS

# RYAN GOULET

## FITNESS COACH

LEARN HOW TO USE GYM  
MACHINES WITH CONFIDENCE

GET MORE FROM EVERY WORKOUT

EXERCISES TAILORED TO YOUR  
NEEDS AND ABILITY

*Call for special Delray Villas rates*

561 866-0956 [www.rghealthandfitness.com](http://www.rghealthandfitness.com)

[healthandfitnessbyryan@gmail.com](mailto:healthandfitnessbyryan@gmail.com)

Boca Delray Parkland Coconut Creek



## Delray Villas Recreation Clubhouse



Delray Beach, Florida

**HEALTHY  
LIVING  
Expo**



On Monday, February 9, (10am to Noon) We will celebrate the  
HEALTH EXPO at the Clubhouse "A" Building. We will have Healthy Activities.  
FREE Firehouse Subs Boxed Lunch, Turkey, Tuna or Veggie.  
Health Screenings, Free Raffle Prizes - \$1,000 in Prizes and Gift Cards  
DJ Entertainment and Much More! Must Register For Free Lunch



Sign Up In The "B" Building Ticket Office  
Thursday and Saturday • 10am to Noon

Any Questions Call:  
Joann Albertson 516-242-7252 • Shelley Miller 302-593-4261

WEEKLY ACTIVITIES

SUNDAY

10:30a Aqua Zumba Plat 2 Pool (weather permitting FREE)	Andy Presser	914-374-6649
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MONDAY

9:00 am	Shuffleboard Available	OPEN
1p (1st Monday of month Craft Rm)	Book Club	Elaine Guanci
6-8p	Ticket Office	Alan Rossman
		Tom Clark

TUESDAY

9:00 a	Shuffleboard Available	OPEN
9:30a-11a	Bocce Ball	Marlene Mirsky

WEDNESDAY

9:00 a	Shuffleboard Available	OPEN
10a (1st Wed/month)	COPS	Capt. Lynn Goldstein
6p-8p	Ticket Office Open	Alan Rossman

THURSDAY

9a	Shuffleboard available	OPEN
9:30a-11a	Bocce Ball	Marlene Mirsky
10a-12p/6-8p	Ticket Office	Alan Rossman
6:45p	9 Ball	Carl Malysz
		Sam Fleishman

FRIDAY

9:00 a	Shuffleboard Available	OPEN
9:00 am-11:30a	Painting	Carolyn Garter
10a-12p	Ladies Billiards	Joann Albertson

SATURDAY

10a-11a	Yoga VR	Fran Rubenstein	201-739-2223
11:15a	Chair Yoga VR	Fran Rubenstein	201-739-2223
10a-12p	Ticket Office Open	Tom Clark	347-728-4037
		Alan Rossman	561-901-3002

Editor: Patti Lazaroff

Co-Editor: Alan Rossman